

Class Timetable | Wauchope



Morning Sessions

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
8:00 AM							
8:30 AM						Yoga Class	
9:00 AM	Mat Class		Mat Class		Mat Class		
9:30 AM						Mat Class	
10:00 AM							

Lunch Sessions

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1:00 PM		Mat Class		Mat Class			
1:30 PM		(Express option)		(Express option)			

Afternoon Sessions

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
4:30 PM				Mat Class			
5:00 PM							
5:30 PM		Mat Class		Yoga Class			
6:00 PM							